



## PRE APPOINTMENT ASSESSMENT

WE WILL OFFER EITHER A FACE TO FACE OR  
REMOTE TELE HEALTH APPOINTMENT  
DEPENDING ON YOUR SITUATION

IF YOU HAVE A FACE TO FACE APPOINTMENT,  
WE WILL CONFIRM THAT YOU ARE NOT  
SHOWING SYMPTOMS OF COVID 19 ONE DAY  
BEFORE APPOINTMENT



## MAINTAIN PHYSICAL DISTANCING

PLEASE DO NOT ARRIVE IN THE CLINIC MORE  
THAN 5 MINUTES BEFORE YOUR  
APPOINTMENT BUT BE ON TIME. IF YOU ARE  
EARLY PLEASE WAIT UNTIL YOU ARE ABLE TO  
ENTER CLINIC.



## COVID-19 SAFETY NOTICE



Wear a face mask



Wear disposable  
gloves

## FACE TO FACE

YOU WILL NEED TO COMPLETE REQUIRED FORMS  
AND CASE HISTORY QUESTIONNAIRE. YOU WILL BE  
ASKED TO DISINFECT HANDS ON ENTERING CLINIC  
FROM DISPENSERS PROVIDED.

YOU ARE WELCOME TO WEAR YOUR OWN FACE  
MASK

YOUR OSTEOPATH WILL BE WEARING HIS OWN  
PPE DURING TREATMENT.

## STOP CORONAVIRUS COVID-2019



## IN THE 72 HOURS AFTER YOUR FACE TO FACE TREATMENT

IF YOU START DEVELOPING A FEVER,  
COUGH, SHORTNESS OF BREATH,  
LOSS OF SMELL OR TASTE PLEASE LET  
US KNOW AS SOON AS POSSIBLE.